



CHILDREN'S
MEDICAL
RESEARCH
INSTITUTE

OCTOBER

NAME:

MY RIDE GOAL:

_____ km

MY FUNDRAISING GOAL:

\$ _____

MON

TUES

WED

THURS

FRI

SAT

SUN



Join our
"GCC
Friends OZ"
FB group!

START

1

_____ km

2

_____ km

Tag a pic
#GCCOZ

_____ km

4

_____ km

5

_____ km

6

_____ km

7

_____ km

8

_____ km

9

_____ km

10

_____ km

Keep pushing...
YOU GOT THIS

_____ km

12

_____ km

13

_____ km

14

_____ km

Halfway
there!

15

_____ km

16

_____ km

17

_____ km

18

_____ km

19

_____ km

20

_____ km

21

_____ km

22

_____ km

23

_____ km

1 week
to go!

24

_____ km

25

_____ km

You're in the
homestretch...



27

_____ km

28

_____ km

29

_____ km

30

_____ km

FINISH

31

_____ km



Celebrate your
achievements!

RIDING TO FIGHT KIDS' CANCER!